



# MICHELLE & JAN TERKELSEN

Dynamic guests for your podcast or interview show covering all aspects of professional leadership. - Leadership Trainers, Executive Coaches, Team Building Experts, Personality Profiling Professionals, Hosts of The People Leaders Podcast



## MICHELLE TERKELSEN

**B.ED. MBA (ORGANISATIONAL DEVELOPMENT)**

Michelle Terkelsen has been 'bringing out the best' in individuals and teams in the corporate environment for almost 20 years. Her coaching specialties include leadership development, creating high performing teams, and building personal resilience.

Michelle follows a strategic approach that allows all her coaching clients to experience more confidence to lead from within, be more adept at coaching others and experience significant changes in their career.



## JAN TERKELSEN

**MBA (HUMAN RESOURCE MANAGEMENT)**

Jan Terkelsen has been an executive coach, consultant and facilitator in corporate Australia for more than 18 years and understands what it takes to create sustainable change in one's life.

Jan is an experienced personality profiler and behavioural change specialist, who has a deep interest and track record in assisting people with a preference for introversion. Jan works with clients to leverage this thinking style to create opportunities and openings in their life.

## TALKING POINTS

- Creating high performing teams
- Building professional resilience
- Business planning and facilitation
- MBTI, LSI, OSI, GSI, DISC and Clarity 4D personality profiling tools
- Team building, training and development
- The role of values in leadership
- The art of difficult conversations
- How to motivate your team as a people leader
- Importance of a team purpose statement
- Meditation – the secret leadership weapon
- Managing your brand as a people leader
- Mindfulness in the workplace