

# GILLIAN ANDALE

Author of *Second Chances – The Ultimate Guide To Marrying Again*, Founder of Family Relationships Dynamics and Love2Last

Connecting families to support and empower every member of the family

## THE BACK STORY...

Gillian feels she has been in training all her life for her role as the Modern Mother's Mentor and owner of Family Relationship Dynamics. She has had a fulfilling professional career holding senior roles in Business Transformation and Project Management, which allowed her to live on five different continents and work in over 40 different countries. During this time, she raised two children, mostly as a single working mum. Gillian is a thought leader in the field of high performing-families.

For the past 18 years she has been studying human behaviour, relationships and 'what makes people tick'. However, after she remarried in 2007 creating a blended family of six children, she realised that her training, life and transformational change experiences also gave her the skills she needed to work with couples and families to help them create a more harmonious and connected family unit as well as to build extraordinary lives.

Gillian is a travel lover and now lives between Australia and the UK spending quality time with her 'bonus' family of 6 children and 14 grandchildren.



*"Building harmonious and resilient families is my passion and life's work"*

## IDEAL FOR THESE AUDIENCES

- Female Business Owners and Leaders
- Executive Women
- Female Entrepreneurs
- Working Mothers
- Professional Women
- Women with Blended Families
- Career Women

## TALKING POINTS

- How to most effectively invest in your family
- You CAN 'Have It All'
- How to wear multiple hats as a mother, professional woman and lover
- Daily investments in your family that deliver big returns
- Self care for the modern mother
- 7 heartbreakers of partner relationships
- Creating collaboration not competition in the family
- How do you build resilient children
- Creating high-performing families
- Turning your blended families into 'Bonus Families'

## AS FEATURED HERE:



The Wise Podcast – Wisdom for the Over 40s

<https://ourwisetribe.podbean.com/e/episode-1-3-top-tips-for-parents-over-40-with-guest-gillian-andale-from-family-relationship-dynamics/>

## CONTACT DETAILS

For enquiries or to book Gillian Andale as a guest on your podcast, please contact the Experts On Air Podcast Booking Agency [info@expertsonair.fm](mailto:info@expertsonair.fm). **EXPERTS ON AIR**

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